

Frittata

Serves 4

Ingredients

8 eggs

100ml milk

200g cubed or tinned
potatoes (cooked)

any cheese

vegetables or cooked

meat left over

oil

salt and pepper

Instructions

- Heat a frying pan with some oil
- Fry cooked potatoes for few minutes until lightly crispy
- Add any other vegetables or meat until soft and cooked through
- Whisk eggs and milk and season with salt and pepper
- Add egg mixture to the pan, as the egg sets around the edge of the pan, using a spatula/fish slice, lift cooked portions to allow uncooked egg to flow underneath. Cook until bottom is set and top is almost set - about 8-10 minutes
- Place frying pan under a medium/hot grill for 2-3 minutes to cook top
- Serve

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Eòrpa agus Alba
Maoin Leasachaidh Roinnean na h-Eòrpa
A' tasgadh ann an Àm ri teachd! Gleusta, Seasmhach is In-ghabhail

